



# PARISH NOTES

The Newsletter of St. Paul's Episcopal Church

The Last Sunday after the Epiphany  
February 14, 2010  
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FEBRUARY 14

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## World Mission Sunday

Global Mission Action Group (GMAG), along with St. Paul's clergy and staff, invites you to celebrate World Mission Sunday on February 14. Both the 9 and 11 o'clock services will begin with a colorful procession of the American flag, the Episcopal Church flag, the Compass Rose flag of the worldwide Anglican Communion, and the country flags of our five partners in mission around the world: El Salvador, Honduras, Russia, South Africa, and Tanzania. Be sure to notice the beautiful communion kneelers with needlepoint detail of the flags of the world. These hand-stitched treasures are put into use just once a year on World Mission Sunday.

At 10:10 a.m. in Tucker Hall, GMAG invites the parish to a fascinating presentation by two local experts, Dr. Melvyn Goldstein and Dr. Cynthia M. Beall, distinguished professors of anthropology at Case Western Reserve University. They will speak to us about their experiences living among the nomads of Tibet. Join us!

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## Parenting Class

The final parenting class session will cover the topic "Peace and Quiet, or Peace and Justice?" Kate Gillooly will lead the discussion on Sunday, February 14, at 10:10 a.m. in the Library. Join us as we explore the process of striving for justice and peace among all peoples and respecting the dignity of every human being through sharing in tasks, joys, and difficult decisions.

## Coffee Sale

Fair Trade Coffee will be on sale in Tucker Hall on Sunday, February 14 – sponsored by the Women's Council.

## Lent Workshop

On Sunday, February 14, at 10 a.m. in the Evans Room, all children in grades 1-6, their families, and any others who care to join us are welcome to participate in our 2nd annual Lent Workshop! For more information, contact Eric Barbato, Intern for Children and Youth Ministries, at [ebarbato@stpauls-church.org](mailto:ebarbato@stpauls-church.org).

## It's Time For the Men's Council Pancake Breakfast!

Please join your fellow parishioners for a pre-Lenten breakfast feast at the annual Men's Council Pancake Breakfast on Sunday, February 14!

Breakfast will be served from 8 a.m. to 1 p.m. Tickets are \$12 per family, \$5 per individual adult, \$3 per individual child. Tickets will be sold after Sunday services as well as at the door on the 14th. Proceeds from the breakfast go towards Men's Council philanthropy efforts. We hope to see everyone there!

## Choral Evensong

Evensong will be sung by the St. Cecilia and St. David Choirs at 5 p.m. on Sunday, February 14. Music includes plainsong as well as compositions by Felix Mendelssohn-Bartholdy and Iain Quinn.

WEEK OF FEBRUARY 14

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## Plan Your Lenten Season

The enclosed flyer lists all of St. Paul's offerings for the forty days leading to Easter Day. Watch future Parish Notes for details on all of these programs.

## Ash Wednesday Services

St. Paul's will offer three services on Ash Wednesday, February 17, at 7:30 a.m., 12 noon, and 7:30 p.m. Choose the time that best fits your schedule; come and begin the season of Lent with a meditative service and imposition of ashes.

## Ash Wednesday Service Especially for Children

On Wednesday, February 17, at 5:30 p.m., all are welcome to join us in the Nave for a brief, child-friendly service that explores the symbols of Lent and ends with imposition of ashes and informal communion.

## Third Wednesday Luncheon

This month, since our luncheon falls on Ash Wednesday, we will attend the Ash Wednesday service at noon in the Nave. We will move to the Dining Room for lunch following the service.

All are welcome at the Third Wednesday Luncheon, whether or not you attend the service! Call the Parish Office, (216) 932-5815, by Tuesday, February 16, to reserve your place at the table.

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## Chamber Music Program

Ensemble Secundum Silentium, directed by Zahari Metchkov, will perform chamber works by Tavener and Davies at St. Paul's on February 14, at 7 p.m. All are welcome.

## *Mad, Sad and Glad*

Rusty and Honey were prolific breeders with long silky hair and a preference for raw vegetables. They burrowed into their cedar chip bed at the bottom of my grandfather's old wooden carpenter's chest and kept each other warm. They responded to being held and cuddled by shuddering and chirping as only guinea pigs can.

One weekend our five-year-old nephew Russell came to visit, delighting in his experience of stroking one of Honey's silky-haired offspring, proud to be entrusted with holding such a vulnerable creature. A day later, inexplicably, the little guinea pig died. Russell seemed withdrawn at first, and then angry. With tears in his eyes he demanded, "Aunt Barbie, why did you let me hold him and feed him?! I loved him, then he died!" I could only respond, "Oh, Russell, I'm so sorry. Sometimes mad and sad get all mixed up." Then added, "I'm just glad we had him to love for a short time."

Since then, many life experiences have burrowed into the bottom of my heart, occasionally marked by weddings, births, anniversaries, and deaths. Like Rusty and Honey, these experiences have bred prolifically, producing a growing capacity to love at the risk of feeling mad, sad or glad when a relationship changes.

When a close friend died unexpectedly a few weeks ago, my husband Jim and I were called to the side of the shocked and grieving spouse. In the days that led to Jane's memorial service, we found ourselves responding to the sorrow and disbelief of many family and friends. At the same time I was aware of my own shifting emotions, including feeling sad, mad and glad. Speaking at the memorial service, I acknowledged many things Jane had taught us about living more fully in our relationships with one another, and thanked God for giving her to us to know and love as a companion on our life journeys.

Indeed, on St. Valentine's Day, let us thank God for giving us all the family and friends we know and love as companions in our life. And may we find the wisdom and courage to reach out and share life with one another in all its complexities, knowing God is always present.



Barbara Pelowski  
Director of New Member Ministries

## **Here's a Llama, There's a Llama!**

Attention all 7th through 12th graders! The Youth Group is still collecting money to purchase a llama through the Heifer Project. A llama is \$150 dollars and we are only part of the way there. Many of you have been very excited about donating towards the llama, so now is the time to remember to bring in your contribution. Once purchased, a Heifer llama will be given to a community in Latin America, where its fleece will be woven into warm clothing to wear or sell.

We're having a Llama-themed party on Sunday, February 21, during Youth Group to celebrate our donation, so we'll take contributions until Friday, February 19. If you have any questions or need to give your contribution to someone, please contact Clara Coughlin at [ccoughlin@stpauls-church.org](mailto:ccoughlin@stpauls-church.org).

## **GMAG Lenten Discussions**

The Global Mission Action Group will host book and video discussions on economic and human rights issues in Africa and Afghanistan every Wednesday evening in Lent beginning February 24. A packet of book reviews, papers by African leaders, and other materials will be available for \$3 in the Parish Office. Discussions will be led by Bob Cheshier. Plan to attend!

## **Spring Musical: *Godspell***

The Youth of St. Paul's are proud to present *Godspell: A Musical Based Upon the Gospel According to St. Matthew*, by John-Michael Tebelak, with music and new lyrics by Stephen Schwartz.

Performances will be held in the Dining Room at 7 p.m. Friday, March 5, and Saturday, March 6, and Sunday, March 7, at 2 and 7 p.m. Tickets are \$7 per person; children 12 years old and under will be admitted free of charge. Tickets will be on sale on Sundays, February 21 and 28, and at the door.

### Mid-week Worship Change

Beginning in Lent, our regular mid-week Eucharist will move from Tuesday at 10:30 a.m., to Wednesday at 6 p.m. Tuesday mornings have become a less opportune time for many, and we hope that a brief, 30-minute celebration of the Eucharist on Wednesday evening will be a more viable option.

The final Tuesday morning Eucharist will be celebrated on February 16. The Wednesday 6 p.m. service will begin on February 24. During Lent, this service will be coordinated with our intergenerational Wednesday evening offerings. After Easter it will stand alone as our regular mid-week Eucharist.

Remember that a brief service of Morning Prayer is also offered each weekday at 8:30 a.m. in the Chapel of the Cross.

### APOSTLESHIP

#### Miles Park Science Fair

Science Fair judges are still needed at Miles Park Elementary School on Friday, February 19! This is a great "one-shot" volunteer job and a good way to see what's happening at Miles Park Elementary School. We meet at the school (East 93rd & Harvard) for a continental breakfast and instructions at 8 a.m.; then judging begins at 8:30 sharp. We're finished by 10:30. Please call Nancy Sherwin (216) 321-5016 to volunteer!

#### Recycle Cartridges and Cell Phones Here

CAMO (Central American Medical Outreach) continues to ask for our help in collecting used ink cartridges, toner cartridges, and old cell phones. CAMO can turn these in to defray costs for office supplies in Orrville (US Headquarters) and Honduras. Global Mission Action Group is collecting these and will transport them. Please donate yours from home and ask for them at your place of employment. Place them in the crate in the Old Narthex. Recycling these will support an effective humanitarian organization!

## SUNDAY, FEBRUARY 14, 2010 THE LAST SUNDAY AFTER THE EPIPHANY

### SERVICES

Holy Eucharist, 7:45 a.m.  
The Rev. Dan Knaup, *Celebrant & Preacher*  
Holy Eucharist, 9:00 a.m.  
The Rev. Alan Gates, *Celebrant*; The Rev. Dan Knaup, *Preacher*  
Morning Prayer, 11:00 a.m.  
The Rev. Alan Gates, *Officiant*; The Rev. Lisa Hackney, *Preacher*  
Choral Evensong, 5:00 p.m.  
The Rev. Alan Gates, *Officiant*  
*A brief service of Holy Communion follows in St. Martin's Chapel*

### READINGS

Exodus 34:29-35; Psalm 99; 2 Corinthians 3:12-4:2; Luke 9:28-36

### FELLOWSHIP

8:00 a.m.—1:00 p.m. Men's Council Pancake Breakfast

### CHRISTIAN FORMATION FOR CHILDREN & YOUTH

9:00—10:45 a.m.      Preschool Session  
10:00—10:45 a.m.      Grades 1-6: *Inter-Age Lent Workshop*  
Grade 7: *Values Clarification: What Would Buddha Do?*  
Grade 8: *Living the Creed*  
Grades 9-12: *How Our Society Treats the Elderly & Dying*  
10:45 a.m.—noon      Preschool Session  
6:00—8:00 p.m.      Junior & Senior High Youth Groups

### CHRISTIAN FORMATION FOR ADULTS

10:10 a.m.              Adult Formation: *Parenting Class* — "Peace and Quiet, or Peace and Justice?" *led by Kate Gillooly.* (Library)  
  
Adult Forum: Tibetan Nomads — We welcome CWRU archeologists Drs. Melvyn C. Goldstein and Cynthia M. Beall as they present a program entitled *The Changing World of Tibetan Nomads.* All are welcome! (Tucker Hall)

### FLOWERS ARE GIVEN TO THE GLORY OF GOD

Flowers on Sunday are given in the Chancel in loving memory of Matthew J. and Sarah P. Spence by Sally and John Morley; and in St. Martin's Chapel in loving memory of Bill Barney by Katy Barney.

### LATE BREAKING NEWS

#### Ministry Discernment Day

The Ministry Discernment Day has been scheduled for **Saturday, February 13**, at Grace Church in Sandusky from 9:30 a.m. to 3:30 p.m. This day is for those who want to deepen their own ministry; want to explore a vocation to the diaconate or priesthood; are considering lay professional ministry; are interested in school, college, hospice or hospital chaplaincy. The Ministry Discernment Day is also a part of the discernment process leading to ordination as a priest or a deacon.

Attendance with one's parish clergy is required for those exploring ordained ministry. To register, contact Rita Rozell, (216) 774-0460 or e-mail at [rozell@dohio.org](mailto:rozell@dohio.org).



## PARISH NOTES

St. Paul's Episcopal Church  
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TIME-VALUED MATERIAL—DO NOT DELAY

### ON MY MIND...

#### *Velveteen, Valentine, Pauline*

**Love: Velveteen.** In Margery Williams' classic tale, *The Velveteen Rabbit*, a stuffed rabbit strives to understand by what magic a toy creature might become "real." The old leather horse shares his wisdom: *"Real isn't how you are made, it's a thing that happens to you. When a child loves you for a long, long time, not just to play with, but REALLY loves you, then you become Real."* *"Does it hurt?" asked the Rabbit. "Sometimes," said the Skin Horse, for he was always truthful.... "Does it happen all at once ... or bit by bit?" "It doesn't happen all at once," said the Skin Horse. "You become. It takes a long time.... Generally, by the time you are Real, most of your hair has been loved off, and your eyes drop out and you get loose in the joints and very shabby. But these things don't matter at all, because once you are Real you can't be ugly, except to people who don't understand."*

Velveteen love: Enduring. Sometimes painful. Always transformational.

**Love: Valentine.** Valentine's Day as a feast of flowers, chocolate, and romance, is a fairly recent innovation. The history of the church's St. Valentine is sketchy. Most hagiographies point to Valentinus, a priest of the Roman church, imprisoned by Emperor Claudius II for having assisted other arrested Christians during persecution. Valentinus, like St. Paul before him, used his imprisonment as an opportunity to preach the Christian faith to his guard Asterius.

After Asterius' daughter was healed from blindness, Asterius and his whole family were baptized. Valentinus was condemned and beheaded on February 14, A.D. 269. Legend says he left a note to the jailer's daughter, signed, "From your Valentine."

Valentine love: Witness-bearing. Healing. Sacrificial.

**Love: Pauline.** St. Paul reflects on the nature of love throughout his epistles, but nowhere more famously than in last week's reading from First Corinthians. While most often heard at weddings, the passage is not about marital love *per se*. It does not reflect a model of romantic love so much as Paul's description of true Christian love, as expressed in all our relationships, individual and collective. This *agape* love, says Paul "is patient; love is kind; love is not envious or boastful or arrogant or rude. It does not insist on its own way; it is not irritable or resentful; it does not rejoice in wrongdoing, but rejoices in the truth. It bears all things, believes all things, hopes all things, endures all things." [I Cor 13:4-7]

Pauline love: Humble. Tolerant. Strengthening.

From three disparate sources, nine ways to measure the quality of love – our own, and that of others.

Faithfully and fondly,

### WHO WE ARE

**St. Paul's Episcopal Church**  
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Cleveland Heights, Ohio  
44106  
tel/ (216) 932-5815  
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(216) 496-8037

#### Our Mission

St. Paul's is a living, evolving community of Christian people who worship together according to the Anglican/Episcopal tradition. We seek to know God and God's will for us; to care for each other; and to support each other in the exercise of our ministries among our neighbors and in the wider world.

#### Parish Notes

Deadline for submissions is **Tuesday at noon, 12 days** before the Sunday publication date. Items may be edited for space and/or clarity. Kim Fry, editor (216) 932-5815 ext. 214 [kfry@stpauls-church.org](mailto:kfry@stpauls-church.org)